**Full paper Guideline**

The abstract must be presented on A4 size paper, with margins (2.5 cm top, bottom and right; left 3 cm) and written in English, no more than 250 words. Text must be left-aligned and typed Times New Romance, 1.5 lines spacing.

**Type your title here using 12-point Times New Roman bold font**

**The length of the title of the article must not exceed 2 lines.**

Author Names (Use 10-pt Times New Roman font)

First Authors, Co-Author 1, Co-Author 2, and the last Author.
*Note: Use (,) between the authors and put (and) before the last authors*

*Identify the author’s affiliation by superscript characters behind the author’s name*

AuthorAffiliations

(Use 10-pt Times New Roman. Include institutional addresses for all authors.

Place superscript number in front of the author’s affiliation corresponding to the author’s name.
The authors with the same affiliation must be superscripted with the same number)

**Abstract (10-point bold font)**

For abstract, write with 10-pt Times New Roman. The abstract’s length should be up to 350 words. The abstract must be well-concisely writing and cover all main parts; 1) Introduction with rationale 2) Objectives (why do we care about the problem? What practical, scientific, theoretical or artistic gap is your research filling? 3) Methos: (what did you actually do to get your results?) 4) Result and Discussion (As a result of completing the above procedure, what did you learn/invent/create?) 5) Conclusions (What are the larger implications of your findings related to the objectives)

**Keywords:** 3 - 5 keywords and use comma (,) between keywords. All keywords begin the first alphabet with small characters except if those words are the abbreviations or technical terms. No period (.) at the end of the keywords. Nevertheless, the keywords should accurately reflect the content of the article. The keywords will be used for indexing purposes.

# 1. Introduction

Single column paper must be typed with 10-pt Times New Roman. Please note that the paper size is standard A4 size (approx. 8.27 x 11.69 in).

The introduction part must compose of introduction of the stories the main points of your stories and point out why you want to research for. You can write in a number of paragraphs but completing all requirements above. The introduction should put the focus of the manuscript into a broader context. As you compose the introduction, think of readers who are not experts in this field. Include a brief review of the key literature. If there are relevant controversies or disagreements in the field, they should be mentioned so that a non-expert reader can find out about these issues further. The introduction should conclude with a brief statement of the overall aim of the experiments.

For the citation format. All data, words, or ideas that you have taken from other sources should be accurately cited and referenced in your manuscript to avoid plagiarism and credit other authors. The format should conform to the National Library of Medicine style (NLM), developed by the International Committee of Medical Journal Editors (ICMJE), with a citation placed in bracket square [1] with regular typeface.

**2. Objectives (If any)**

The objectives of the study should be specified explicitly.

**3. Details (depending on context)**

**3.1 ……………..**

 3.1.1) ………….

This section must be typed with 10-pt Times New Roman

This section must specify how the research should be conducted covering issues such as population and sample, research tools, Methods of data collection and data analysis (specify all statistical methods that will be used to analyze the data but it is not necessary to elaborate on the specific statistical process.)

**4. Results**

***(****The results and discussion may be combined into one section, or can be separated to 4.1 Results and
4.2 Discussion).*

The results section should provide details of all of the experiments that are required to support the conclusions of the paper. There is no specific word limit for this section. The section may be divided into subsections, each with a concise subheading. The results section should be written in the past tense.

Tables must be cell-based without vertical lines (up to 3 tables/ 1 paper). They should be produced in a spreadsheet program such as in Microsoft Excel or in Microsoft Word. Type all text in tables using 9-pt font. Type the caption above the table to the same width as the table. Don’t make table to picture.

 **Table 1** Table caption (no period “.”)

|  |  |  |
| --- | --- | --- |
| C1 | C2 | C3 |
| R1 |  |  |
| R2 |  |  |
| R3 |  |  |
| R4 |  |  |
| R5 |  |  |

Tables should be numbered consecutively. Footnotes to tables should be typed below the table and should be referred to by superscript numbers. Submit separate files of tables in their original file format and not as graphic files in addition to incorporating in the main text. Tables should not duplicate results presented elsewhere in the manuscript (e.g., in graphs).

It is a must that all tables must be described in the context by implying the finding results tabulated.

**Table 2** Table caption (no period “.”)

|  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- |
| C1 | C2 | C3 | C4 | C5 | C6 | C7 |
| R1 |  |  |  |  |  |  |
| R2 |  |  |  |  |  |  |
| R3 |  |  |  |  |  |  |
| R4 |  |  |  |  |  |  |
| R5 |  |  |  |  |  |  |
| R6 |  |  |  |  |  |  |
| R7 |  |  |  |  |  |  |
| R8 |  |  |  |  |  |  |
| R9 |  |  |  |  |  |  |

If figures are inserted into the main text, type figure captions below the figure. Figures should be provided in a file format and resolution suitable for reproduction, e.g., EPS, JPEG or TIFF formats, without retouching. Photographs, charts and diagrams should be referred to as “Figure(s)” and should be numbered consecutively in the order to which they are referred. Lines in the figure must be sharpened and clear texts with a suitable size. (All Figures must be clear pictures and readable texts otherwise your paper may be rejected\*\*\*\*). The Figure must be inserted in JPEG, GIF, or PNG. Draw them using the power point application or Photoshop etc. **Don’t** draw your Figure using text-box of MS word.

**Figure 1** Figure caption (no period “.”)

*Picture file is inserted (JPEG, GIF, PNG)*

up to 5 Figures / 1 paper

Figure captions should be brief, yet provide a comprehensive explanation of the data as it appears within the text. Captions should be self-explaining and should provide sufficient information to the readers without referring to the related text in the manuscript. It is important that the author must describe all figure in the context.

 The author **must describe** the information from all figures, draw attention to important features contained within the **figure**, and may sometimes also include interpretations of the data**.**

**Figure 2** Figure caption

Figures must be at good enough quality. Figures should be provided in a file format and resolution suitable for reproduction, e.g. JPEG, GIF, or PNG formats.

(The author ***must not*** draw the figure using text box of MS word.

It must be drawn as a picture in individual files of JPEG, PNG, or GIF formats

All data collected from the clinical tests are shown in Figure 2 pts to the volunteers that……………….. The discussion should spell out the major conclusions of the work along with some explanation or speculation on the significance of these conclusions. How do the conclusions affect the existing assumptions and models in the field? How can future research build on these observations? What are the key experiments that must be done? The discussion should be concise and tightly argued. Conclusions firmly established by the presented data, hypotheses supported by the presented data, and speculations suggested by the presented data should be clearly identified as such.

**5. Acknowledgements (If any)**

People who contributed to the work but do not fit the criteria for authorship should be listed in the Acknowledgments, along with their contributions. It is the authors’ responsibility to ensure that anyone named in the acknowledgments agrees to be so named. The funding sources that have supported the work should be included in the acknowledgments.

**7. References (up to 30 references)**

Please follow the National Library of Medicine (NLM) referencing style, details of which can be found at <https://www.ncbi.nlm.nih.gov/books/NBK7256/> References are arranged alphabetically according to the last names of the authors and then chronologically.

**The examples of the APA referencing style**

\*\* Note: “ / ” = one space bar \*\*

**7 Journal Articles**

**Sample Article Citations:**

Benny BV, Nagpal AS, Singh P, Smuck M. Vascular causes of radiculopathy: a literature review. Spine J. 2011 Jan;11(1):73-85.

Brantingham JW, Bonnefin D, Perle SM, Cassa TK, Globe G, Pribicevic M, Hicks M, Korporaal C. Manipulative therapy for lower extremity conditions: update of a literature review. J Manipulative Physiol Ther. 2012 Feb;35(2):127-66.

Daniels CJ, Morrell AP. Chiropractic management of pediatric plantar fasciitis: a case report. J Chiropr Med. 2012 Mar;11(1):58-63.

**Brief Guidelines:**

* List all authors, last name first, then first initial and middle initial, if available, separate each author by a comma.
* List full article title, capitalize only first word and any proper nouns.
* Abbreviate journal title according to [NLM Catalog of Journals](http://www.ncbi.nlm.nih.gov/nlmcatalog/journals).
* Put year first, followed by month and date, if listed.  End with semicolon.
* Put volume and issue (optionally, issue may be omitted if pagination continues for each issue). Do not add space after semicolon.  End with colon.
* Indicate page number range.  Do not repeat numbers or put a space after colon.  i.e. if date range is 1235 through 1237, record as 1235-7.

**7.2 Webpages or Internet non-periodicals**

**Sample Webpages Citations:**

American Medical Association [Internet]. Chicago: The Association; c1995-2002 [updated 2001 Aug 23; cited 2002 Aug 12]. AMA Office of Group Practice Liaison; [about 2 screens]. Available from: http://www.ama-assn.org/ama/pub/category/1736.html

A.D.A.M. medical encyclopedia [Internet]. Atlanta: A.D.A.M., Inc.; c2005 [cited 2007 Mar 26]. Available from: http://www.nlm.nih.gov/medlineplus/encyclopedia.html

Complementary/Integrative Medicine [Internet]. Houston: University of Texas, M. D. Anderson Cancer Center; c2007 [cited 2007 Feb 21]. Available from: <http://www.mdanderson.org/departments/CIMER/>

**7.3 Books, and book articles**

**Sample Book Citations:**

France RC. Introduction to sports medicine and athletic training. 2nd ed. Clifton Park (NY): Delmar Cengage Learning; 2011. 695 p.

Kendall FP, McCreary EK, Provance PG, Rodgers MM, Romani WA. Muscles: testing and function with posture and pain. 5th ed. Baltimore (MD): Lippincott Williams & Wilkins; 2005. 480 p.

**Book with Editor and No Author:**

Davis NJ, editor. Chiropractic pediatrics: a clinical handbook. 2nd ed. New York: Elsevier/Churchill Livingstone; 2010. 414 p.

**Brief Guidelines:**

* List all authors, last name first, then first initial and middle initial, if available, separate each author by a comma.
* List full book title, capitalize only first word and any proper nouns.
* List edition next, abbreviating edition as ed.
* Indicate the place of publication, followed by a colon and then the publisher, followed by a semi-colon.
* Add the year of publication, followed by a period.
* Put in the pagination, followed by a p and then a period.